

Give the title of the case  
report here, name of  
disease to be specified.

Your name and affiliation here

# BASELINE

- \* Record the outcomes that were observed at the beginning of your treatment.
- \* Clearly indicate the subjective and objective parameters of assessment.
- \* Include results of any investigations that were conducted.

# Description of Patient

\* Name of Patient –

Age –

Gender –

Nationality –

State –

District –

\* Appearance –

\* Physical and mental disposition –

\* Occupation and socio-economic status –

# Complaints

- \* Presenting Complaints
- \* Please note that here you should describe the problem as perceived by the patient and not your assessment.

# Findings

- \* Please describe your findings both subjective and objective.
- \* You can also mention the results of any investigations that were performed or available at the time of consultation

# Histories

- ✱ In this section, you can mention the relevant personal and family history-



# Diagnosis

- \* Please provide the clinical diagnosis that you arrived at –
- \* In case of biomedical (allopathic diagnosis) Also specify whether you arrived at the diagnosis yourself or it was pre-diagnosed by an Allopathic physician –
- \* Please give a brief description of Ayurvedic diagnosis.

# Treatment Plan

- \* Provide the details of the treatment that was started after the first consultation.
- \* Please provide briefly your justification for choosing the treatments-



# Observations at the midpoints

- \* Record the outcomes that were observed in the course of your treatment.
- \* Clearly indicate the subjective and objective parameters of assessment.
- \* Include results of any investigations that were conducted.

# Progress of the treatment

- \* Please summarise how the patient responded to your treatment, whether the condition aggravated or subsided, whether treatments were modified and so on.

# Outcomes at Endpoint

- \* Record the outcomes that were observed at the last visit of the patient.
- \* Clearly indicate the subjective and objective parameters of assessment.
- \* Include results of any investigations that were conducted.

# BT AT Comparison

- \* Compare the objective and subjective observations at baseline and end point indicating improvement or deterioration.

# Conclusions

- \* Explain your impressions on the effect of the treatment given. To what extent did it help to give relief to the patient.
- \* Are you sure that the effect, whether positive or negative was due to your treatment or do you think some other factors may have played a role? For instance, was the effect purely by chance?.
- \* Was the patient simultaneously on other treatments? If so, to what extent did your treatment contribute to the outcomes?.

# Acknowledgements

- \* Acknowledge by name the people who helped you to prepare this case report.